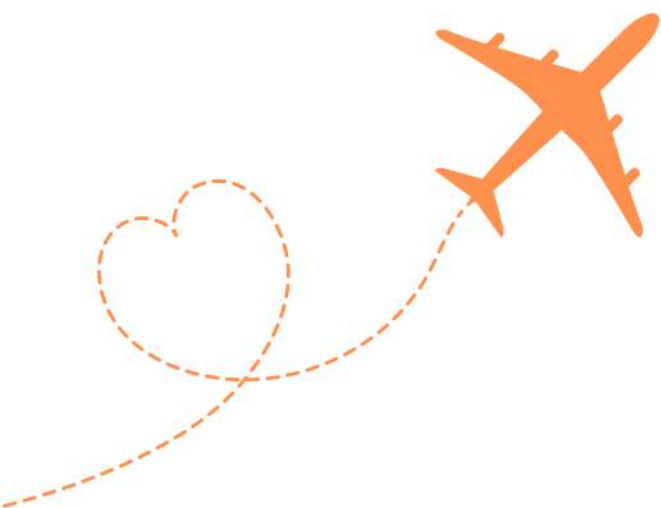




TRAVEL WITH A TODDLER CHECKLISTS





TODDLER VACATION

PACKING CHECKLIST



FEEDING

- ☐ Bibs
- ☐ Utensils
- ☐ Sippy cups
- ☐ Bowls/Plates
- ☐ Easy road meals
- ☐ Favorite snacks
- ☐

SLEEP

- ☐ Sound machine
- ☐ Pack-n-play sheet
- ☐ Baby monitor
- ☐ Sleep sack
- ☐ Pacifier
- ☐

TOYS

- ☐ Favorite toy/s
- ☐ Beach toy/s
- ☐ New toy/s
- ☐ Swim floaties
- ☐

CLOTHES

- ☐ Pajamas
- ☐ Shoes
- ☐ Socks
- ☐ Underwear
- ☐ Clothes for daily outings
- ☐ Bathing suit
- ☐ Jacket
- ☐ Hat
- ☐

HEALTH

- ☐ Soap
- ☐ Shampoo
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Hair brush/comb
- ☐ Nail clippers
- ☐ Sunscreen
- ☐ Lotion
- ☐ Rash Cream
- ☐

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TODDLER ROADTRIP CHECKLIST



Here's a checklist to help you prepare for a smooth and enjoyable road trip with your little one:

Before the Road Trip:

VEHICLE MAINTENANCE:

- Ensure your car is in good condition (oil, tires, brakes).
- Check car seat installation and security.

TRAVEL ITINERARY:

- Plan the route and schedule stops for breaks.
- Identify kid-friendly attractions along the way.

PACKING:

- Clothes: Pack enough clothing for the trip.
- Diapers, wipes, and changing pad.
- Travel-size toiletries for your toddler.
- Blankets and comfort items.

TRAVEL ESSENTIALS:

- Car seat and/or booster seat.
- Stroller for pit stops and walks.
- Portable crib or bed for overnight stays.
- Travel-friendly high chair if needed.

SNACKS AND MEALS:

- Pack a cooler with toddler-friendly snacks and drinks.
- Portable feeding items and utensils.
- Plan for meals and snacks along the way.

During the Road Trip:

IN-CAR ENTERTAINMENT:

- Bring a variety of toys, books, and games.
- Consider a portable DVD player or tablet for longer stretches.

SAFETY:

- Keep essential items within easy reach.
- Have a well-stocked first aid kit.
- Use sunblock if you have stops or activities outdoors.

SLEEPING ARRANGEMENTS:

- Ensure your accommodation is toddler-friendly.
- Set up a familiar sleep environment for your toddler.

COMFORT IN THE CAR:

- Dress your toddler in comfortable clothing.
- Use sunshades on windows to block the sun.
- Ensure proper temperature control in the car.

REST STOPS:

- Plan for regular breaks to stretch and play.
- Choose rest areas with play structures when possible.
- Schedule breaks around your toddler's nap times.



TODDLER ROADTRIP

CHECKLIST

General Tips:

PLAN FOR MESSES:

- Pack extra wipes, plastic bags, and a change of clothes for spills or accidents.

COMFORT ITEMS:

- Bring your toddler's favorite comfort items.
- Consider a special travel toy as a surprise.

AUDIO ENTERTAINMENT:

- Create a playlist of toddler-friendly songs and stories.
- Use audio books or podcasts for variety.

EMERGENCY SUPPLIES:

- Carry a basic toolkit and jumper cables.
- Know the location of emergency services along your route.

COMMUNICATION:

- Keep communication open with your toddler.
- Use a rear-view mirror or camera to keep an eye on your child.





FLYING WITH A TODDLER CHECKLIST



Here's a checklist to help you prepare for a flight with your little one:

Before the Flight:

DOCUMENTATION:

- Check and prepare passports/ID for everyone.
- Bring necessary travel documents, including any required for your toddler.

HEALTH PREPARATIONS:

- Ensure your toddler is up-to-date on vaccinations.
- Pack any necessary medications.

SNACKS AND MEALS:

- Pack a variety of toddler-friendly snacks.
- Bring an empty sippy cup to fill after security.
- Pre-order child meals if available.

FLIGHT RESERVATIONS:

- Confirm your flight details and seat assignments.
- Notify the airline of any special requests or requirements for your toddler.

PACKING:

- Pack a change of clothes for both you and your toddler.
- Bring diapers, wipes, and changing pad.
- Travel-sized toiletries for your toddler.
- Comfort items: Blanket, favorite toys, pacifiers.
- Consider a compact stroller for the airport.

During the Flight:

IN-FLIGHT ENTERTAINMENT:

- Bring a variety of toys, books, and games.
- Download toddler-friendly apps or videos for the journey.
- Use noise-canceling headphones for your toddler.

COMFORT IN THE AIR:

- Dress your toddler in comfortable layers.
- Bring a cozy blanket for naps.
- Consider a travel pillow for added comfort.

FEEDING:

- Have snacks and drinks readily available.
- Nurse or offer a bottle during takeoff and landing to help with ear pressure.

DIAPERING:

- Be prepared for diaper changes with a well-stocked diaper bag.
- Use the airplane changing table or request assistance.

SAFETY:

- Ensure your toddler is securely fastened in their seat during turbulence.
- Follow all safety guidelines provided by the airline.



FLYING WITH A TODDLER

CHECKLIST



General Tips:

TIMING:

- Plan flights around your toddler's nap times if possible.
- Allow extra time for security checks and boarding.

PRE-BOARDING:

- Take advantage of pre-boarding to get settled before the rush.
- Notify flight attendants of any special needs or concerns.

COMMUNICATION:

- Keep your toddler informed about what to expect during the flight.
- Be patient and understanding; flying can be overwhelming for little ones.

AIRPORT NAVIGATION:

- Use airport stroller services if available.
- Consider a child locator device or wristband in busy airports.

EMERGENCY SUPPLIES:

- Carry a small first aid kit and any necessary medications.
- Have contact information for healthcare professionals at your destination.

